

TESTING FOR ADVANCE ORANGE	
General	Define "Logic"
	Define and Show "Relax"
	Control your Dimensions: Short 1
	Control your Dimensions: Going to Ground
Questions	What is the difference between a "Roundhouse" and "Hook"
	What makes impact first with a "Claw"
	What is the purpose of a "Slicing" Action
Sets	Finger Set
	Prime 8- Universal Flow - Single Club
Forms	Long 2 (Full)
Defenses	<i>Show base move. Use 2 to Defend.</i>
	1 Hammer Defense - High - Inside (HDHI)
	2 Hammer Defense - High - Outside (HDHO)
	3 Hammer Defense - Low - Inside (HDLI)
	4 Hammer Defense - Low - Outside (HDLO)
	5 Whipping Defense - High - Inside (WDHI)
	6 Whipping Defense - High - Outside (WDHO)
	7 Whipping Defense - Low - Inside (WDLI)
	8 Whipping Defense - Low - Outside (WDLO)
Type of Attack	Touch, Push, Grab, Pull, Holds, Hugs
Angle of Attack	All
Moving In or Out	All
Weapons	All
Kicks	All
Targets	Bone Targets (Radial, Ulna, Humerous, Tibia, Fibia, Ribs, Clavacle, Patela, Femur)